

# Message from the Co-Chairs

We are excited to bring you the first Fall Newsletter from Culture of Respect. The beginning of the Fall semester also brings with it what is known as "The Red Zone," a time during which national universities report higher levels of harmful sexual activity and alcohol misuse amongst first-year students and those new to Emory. This newsletter will get you up to speed on: how to prevent harm and support community members; share plans for communications for Culture of Respect (so you are not getting more information than you want or need from us!); give you an opportunity to provide feedback on your engagement with the Culture of Respect process; and information on our upcoming All-Member meeting. Thank you for all you do to cultivate a culture of respect at Emory.

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#### **CORE Updates:**

- Engagement Survey available September 10<sup>th</sup> - 24<sup>th</sup>
- Changes in Communication
- Save the Date: September 26<sup>th</sup> All Member CORE meeting

### Preventing Harm During the Red Zone

- Tips for Faculty, Staff, and Students
- How to Request Workshops and **Trainings**

# Transitioning and Moving Forward

As many of you know, our dedication to nurturing a culture of respect will continue beyond our final evaluation with NASPA in December 2025. We are in the process of implementing a new communication structure and would greatly appreciate your feedback. This will help us understand your engagement with CORE, collect insights about your experiences, and guide our future initiatives aimed at enhancing our collective efforts to prevent sexual and relationship violence.

Current CORE Members, check your email for the CORE Member Survey and complete it by September 22nd for feedback to be incorporated in the September 26<sup>th</sup> meeting.



## **Changes in Communication**

Along with being a strategic framework, the Culture of Respect is a vibrant and evolving initiative at Emory University. We aim to ensure that everyone involved in CORE can stay connected and engaged in a manner that suits them best. Here are some opportunities for participation:

### **CORE Ally**

**Receives Newsletter.** 

Is kept up to date about CORE outcomes and successes.

#### **CORE Member**

Engages in All-Member Meetings when possible.

Provides feedback and input when needed. May join working groups as needed and available.

May move in and out of being part of the Leadership Team.

#### CORE Leadership Team

Members of the Emory community in roles that intersect with CORE efforts.

Current pillar leaders in addition to representation from campus and community groups.

Engaged in hands-on work at a leadership level.

Save the Date for our next All-Member Meeting **September 26<sup>th</sup> from 10:30 am to 12 pm**This will be a hybrid meeting with parking vouchers for in-person attendees!

# Preventing Harm During the Red Zone

Everyone plays a role in preventing harm during the Red Zone by fostering safe, healthy, and supportive environments.



You can play a part by being a pro-active friend. Before engaging in new activities and going to events, think about who you want to join you to ensure safety and how you want to engage in your surroundings. Being a pro-active friend also means being an active bystander. Consider the 3D's of bystander intervention: take **Direct** action, **Distract** the aggressor, or **Delegate** the responsibility to someone else if you are not able to intervene or need additional help.

## Supporting a Friend

If a friend discloses sexual harm, start by believing them and affirming their experience. Avoid judgment or intrusive questions, offer non-judgmental support, and guide them to relevant resources. Remember, it can take time for someone to seek help—allow them to process at their own pace.

The Office of Respect can provide consultation to you as the friend and ally if you need support to give support.



# Be a Pro-Active Faculty, Staff, or Advisor

There are a few simple ways that Faculty and Staff can be proactive in creating protective environments. You can utilize the Office of Respect website for resources on:

- Language for syllabus
- Helpful strategies and considerations when supporting students.
- Links to university policies and definitions. This language can be adapted for RSO bylaws.

# Supporting a Student or Colleague

Faculty and staff are often the first line of support when students or fellow colleagues disclose harm. Resources such as the Office of Respect and Faculty and Staff Assistance Program (confidential and therapeutic) as well as Title IX (non-confidential), are available to help.

If you know of a student or colleague who could benefit, please share these resources with them directly. The person harmed should choose next steps.

#### Want to learn more? Request a training or workshop:

- Office of Respect: Sexual harm prevention and healthy relationships
- Department of Title IX: Understanding Emory's policies and procedures, mandatory reporting
- · Center for Student Wellbeing: Understanding medical amnesty, alcohol, and other drugs